

# Pittsboro Relay Rambler

March 2005  
Volume 1, Issue 6

Co-Chairs: Carol Esau  
Claire Wilson

Web Address: [www.pittsbororelayforlife.org](http://www.pittsbororelayforlife.org)



## Volunteers Needed for Patient Services

The American Cancer Society is seeking volunteers for its Patient Services Programs.

**Look Good Feel Better**  
3/14/05 - 10:00a - 2:30p  
Raleigh office

The Look Good...Feel Better program is a community-based, free, national service that teaches female cancer patients beauty techniques to help restore their appearance and self-image during chemotherapy and radiation treatments.

**Reach to Recovery**  
3/19/05 - 10:00a - 3:00p  
Raleigh office

Reach to Recovery works through carefully selected and trained volunteers who have fully adjusted to their breast cancer treatment. All volunteers complete an initial training and participate in ongoing continuing education sessions.

Are you a breast cancer survivor who has overcome cancer to regain a well adjusted and emotionally stable everyday life? Are you warm, courteous, tactful, and considerate, with the ability to maintain confidentiality? Would you like to make a difference in the lives of others affected by breast cancer?

**Man To Man**  
6/7/05 - 10:00a - 2:30p  
Raleigh office

The Man to Man program helps men cope with prostate cancer by providing community-based education and support to patients and their family members. In addition, Man to Man plays an important role in community education about prostate cancer; it encourages men and health care

professionals to actively consider screening for prostate cancer appropriate to each man's age and risk for the disease.

**I Can Cope**  
8/05 (date not confirmed)  
Greenville office

I Can Cope is an educational program for people facing cancer – either personally, or as a friend or family caregiver. Living with cancer can be one of the greatest challenges a person can face in the course of a lifetime. I Can Cope offers help – in the form of reliable information, peer support, and practical coping skills – so that you can meet this challenge.

Knowledge is power, and the more you know about what is happening during cancer diagnosis and treatment, the better equipped you will be to handle each step of the journey. And, of course, there is great comfort in the simple knowledge that you are not alone.

For more information on these and other programs go to [www.cancer.org](http://www.cancer.org) and click on "support programs".

To register for one of these training sessions, please contact:

Charlotte King, Community Manager  
Chatham/Moore Counties  
American Cancer Society  
South Atlantic Division  
286 Lockville Road,  
Moncure, NC 27559  
Office: 888-329-0335  
Mobile: 919-704-6540  
Fax: 919-342-5034  
[charlotte.king@cancer.org](mailto:charlotte.king@ cancer.org)

**Because of YOU,  
lives are saved...lives are changed!**

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### Upcoming Events

- ◆ March 12<sup>th</sup> – Rookfest at Kiwanis Building 7pm
- ◆ March 19<sup>th</sup> – Ham Biscuits & Yard Sale at Moncure Fire Dept 8am-noon
- ◆ March 19<sup>th</sup> – Fishing Tournament at Merry Oaks Landing, Harris Lake 6:30am-2:30pm
- ◆ March 19<sup>th</sup> – Scrap-athon at Pittsboro Baptist Church from 9am-9pm
- ◆ March 20<sup>th</sup> – One Stroke Paint Class at May's Chapel from 2-4 pm
- ◆ March 22<sup>nd</sup> – Premier Jewelry Show at The Scoreboard 7pm
- ◆ April 2<sup>nd</sup> – Parents Night Out at Mt. Pleasant After School 6-10pm
- ◆ April 3<sup>rd</sup> – Eggstravaganza at Elizabeth's Pizza for Pittsboro's First Sunday

## Relay for Life

By Stephen M. Ruberg 4/21/98

**C**ancer, the dread word from physicians  
Calls for a future of many decisions.  
What can be done? How long can I live?  
Doctor. Oh Doctor what hope can you give?

**A**sk those who have heard the word in their life.  
They ask themselves, "Why all this strife?"  
"Why has it come to me and my house?"  
"Why must it invade me, my child, or my spouse?"

**U**nderstanding has brought more treatment and cure,  
That more and more people in their cancers endure.  
Survival and living is done as a team.  
Dying is yet a part of its scheme.

**T**ogether we join in triumphs and tears,  
Remembering the victims we've known through the years,  
Whose lives have touched many in life and in death;  
Who set an example through life's every breath.

**I**n learning and yearning to help others endure  
We know that in teaming more hope will be sure.  
Though science and medicine help see us through  
With prayer and persistence, we can help, too.

**O**nward we trek in the search for a cure,  
Together we walk in the path that is sure,  
By joining our forces in loving and giving,  
We all help to better ones chances for living.

**N**ow pass the batons of faith, knowledge and hope.  
With everyone's help together we'll cope.  
Through treatment, prevention, and surgeon's knife,  
More people will win through the **Relay for Life**.

Dedicated to Tyler Zander and Ronnie Thicksten who are fighting  
their own battles with cancer.  
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## A Mother-Daughter Journey

Marcie Lorbacher  
Relay For Life Planning Committee

The recent holiday season brought much more than parties and gift-giving to one Lee County family-it also brought some shocking news. Linda Moore, wife of New Elam Church Pastor Gary Moore, and her mother, Ruth White, were both diagnosed with breast cancer within weeks of each other. (Earlier in the year, friends and family had prayed for Linda's sister as she underwent testing/biopsies for a breast lump.) They all celebrated with her when those results came back negative.

Then, in early December, after a regularly scheduled mammogram, Linda was informed that a mass had been detected. "I was being followed very closely every six months due to some areas of calcification, however, the mass was a new occurrence and appeared unrelated to the calcified areas." Linda soon underwent surgery, but then required a second surgery to insure that the tumor margins were clear. The great news was that the Lymph Nodes were clear! Further testing revealed that chemotherapy would not be needed and Linda was elated. She is currently undergoing a 7-week course of radiation therapy. She will also receive tamoxifen therapy for five years as a preventative measure.

As Linda was beginning her battle, the family received word that her mother, Ruth White was in need of biopsies due to a "suspicious mass" in her breast as well. This mass was also found to be malignant. Like her daughter, Mrs. White has undergone two surgeries and is healing, although somewhat slowly. Further testing will determine if any additional therapy will be needed after she has recovered from the surgeries.

In a recent church service, Linda likened her family's experience with breast cancer to a "journey." She also went on to say how much the support of their friends, family, coworkers, and church family has meant to them. "Most importantly," she stated, "we had to realize that God was in total control and that he would provide the wisdom and skills to those caring for both of us."

Linda and Ruth's story is proof that cancer research and treatment are becoming more successful with each passing day. As we Relay, it is important for us to know that we are contributing to such a very great cause.

As Linda reflected on her treatment options she stated, "I will do whatever I have to do because I want to stick around for a long time and I want to walk in the Survivor Lap at the Relay for Life."

It's about a community  
that takes up the fight!

## A Reason for Relay

### Terry Whitfield The Angel Band

My involvement in Relay For Life was initiated by a "cold call" from Carol Esau in 2003 to form a team from our church. I had not been involved in the first Relay For Life event, but had heard wonderful things about it. I took the challenge, and it turned out to be one of the most meaningful things I have done in my life. When cancer strikes someone you love there is not much you can do but pray, and be supportive. I lost my grandfather to colon cancer, my

grandmother was a breast cancer survivor, my father is a melanoma survivor, two cousins died of melanoma at ages 41 and 51, and I have another cousin in her fight with breast cancer, and it does not stop there. My best friend from college days has a 7 year old daughter who was diagnosed at age 4 with liver cancer. She is in her third year after her transplant and doing great!

At our church alone we have lost several wonderful church members to cancer. We do have cancer survivors in our church and I Relay for them with the hope that they will be with us for a

long, long time. It makes me feel good to know that the money we raise at Relay filters into the lives of survivors at some point in time. My hope is that through this fundraising, future generations will have alternatives for treatment and a higher success rate for a cure. Everyone is affected by cancer at some time in their life. Our stories are about different people with the same disease, cancer.

If you get a call to participate in Relay ... "just do it", everything else will speak for itself.

## We'll Miss You, Bonita

The Pittsboro Relay for Life committee is saddened at the loss of Bonita Cumbie who died as a result of a tragic head on collision on March 4th, 2005. She was on her way home from a Team Captain's Meeting at Hanks Chapel Church. Our deepest sympathy goes out to her family.

### Susan Poe Team Development Chair

Bonita served as a team captain for Mt. Olive Baptist Church's "Olive Branches" team for 3 years, and this year decided she wanted to serve on the Planning Committee. Because we lost Charlotte King to the American Cancer Society, we needed another person to serve on our Teams Development Sub-Committee and Bonita graciously agreed to do so.

She has faithfully attended our meetings and made herself available to help in any way -- putting together team captain packets, mentoring teams, providing refreshments -- anything that was asked of her. She came to our team captains meeting early last Friday night to help set up and immediately asked, "What can I do to help?" As soon as we gave her one chore, she finished that and was back asking for another! This was just Bonita's nature -- always willing to help.

She will be greatly missed by not only our Relay committee, but everyone who knew her as the kind, caring lady she was.



**Bonita Cumbie at  
2004 Relay for Life**

## Attention Survivors!

This year, the survivor dinner, "Celebration of Life", will take place on April 28th at 6 pm at The Fearington Barn. We will still host a "reception" at the event itself which will begin at the normal time - 4:30. This should allow you more time to fellowship with one another and receive your T-shirts, parking passes, information regarding the relay, etc. We will also have some entertainment and a survivor testimony and give away door prizes.

Watch your mail for more details! If you know a survivor that has not yet registered, please call or e-mail Carmen Thomas at 919-663-6116 or [cmtletstalk@hotmail.com](mailto:cmtletstalk@hotmail.com).

### Dates to Remember!

**March 4, 7 pm** - Team Captain Meeting at Hanks Chapel

**April 8, 7 pm** - Team Captain Meeting at Hanks Chapel (Registration Deadline)

**April 28, 6 pm** - Survivor Celebration Dinner at Fearington Barn

**May 6, 6 pm** - Bank Night at Hanks Chapel

**May 13-14  
RELAY FOR LIFE!!**

**Thank You 2005 Sponsors!!**

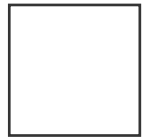


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